



Supported Individual Rights & Responsibilities

Name of Individual: _____

I. Individual Rights

The following list of rights and responsibilities are given to and discussed with each individual

As a Supported Individual of Calgary Progressive Lifestyles Foundation, you are entitled to the following:

- 01.** Right to all basic human rights as outlined in The Canadian Charter of Rights and Freedoms.
- 02.** Right to the least restrictive and most effective treatment methods based on present and long-term needs and goals.
- 03.** Right to an individual plan for both short and/or long term treatment, based on an assessment of needs.
- 04.** Right to self-determination by appearing and providing input at your own Individual Service Planning (ISP) meetings and at team meetings.
- 05.** Right to a formal grievance procedure.
- 06.** Right to contact your Human Services Coordinator, Executive Director, parent and or guardian or other professional.
- 07.** Right to request medical services from doctors, dentists, social worker, or any health professional of your choosing and to have your healthcare needs met.
- 08.** Right to a religious belief of choice.
- 09.** Right to have assistance towards independence with all personal care.
- 10.** Right to send and receive postal or electronic mail.
- 11.** Right to an appropriate personal living area including your own bed, bedding and space for personal property.
- 12.** Right to go out and pursue leisure activities of your choosing.
- 13.** Right to access all community services that are available.
- 14.** Right to socialize including inviting guests to your home.
- 15.** Right to exercise your privileges and responsibilities in or around your home either as a tenant and/or an owner.
- 16.** Right to review the rights and responsibilities documents.
- 17.** Right to privacy and free time to meet with staff, visitors, friends, relatives, in private, including phone conversations.

I. Supported Individual (continued)

- 18.** Right to reasonable use of personal possessions such as books, radios, toiletries, jewelry, tobacco, cigarettes and the right to control access to those possessions.
- 19.** Right to own possessions and access to earnings and allowances.
- 20.** Right to access the support home 24/7, not including the agreed upon out of home respite periods.
- 21.** Right to access the respite home for the agreed upon respite period.
- 22.** Right to have a relationship and get married.
- 23.** Right to choose your staff.
- 24.** Right to talk about where you want to live.
- 25.** Right to choose your own goals.
- 26.** Right to be paid a fair wage for work.
- 27.** Right to not be discriminated against.
- 28.** Right to attend all meetings about me.

II. Supported Individual Responsibilities (residential)

As a Supported Individual of Calgary Progressive Lifestyles Foundation, you are responsible for the following:

- 1. Each individual is responsible for maintaining cleanliness in their home to the best of their ability (participating in household cleaning, meal planning and preparation)
- 2. Each individual is responsible for informing staff of any holidays or outings.
- 3. Each individual is responsible for cooperating with the direction given by health professionals in regards to their medication regimen.
- 4. Each individual is responsible for cooperating in maintaining their laundry clean within a reasonable schedule.
- 5. Each individual is responsible for asking permission before using someone else's belongings.
- 6. Each individual is responsible to work in a collaborative way in resolving issues with those they live with.
- 7. Each individual client will ensure courtesy in letting supports know; a delay in their arrival / returning home or visitors
- 8. Each individual will take the necessary steps to repair items belonging to other which they have damaged.

If someone is not respecting my rights, I can say "NO" right away!

Support network meetings and/or contact are held monthly to provide the opportunity to express concerns and suggestions.

A Guide to CPLF

Supported Individual Rights

Calgary Progressive Lifestyles Foundation (CPLF) would like Individuals to know that they have the following rights:



Express Your Feelings



Offered Choices



Privacy + Space



To Refuse



Enjoy Leisure Activities



To Make Friends



Treated with Dignity



To Vote



Contact Your Guardian



Choose Your Religion



Medical Services



Grievance Procedure

III. Signatures

*I have read and understand the above material about my rights as a Supported Individual of Calgary Progressive Lifestyles Foundation (CPLF).

Individual

Date

Guardian

Date

Support Staff

Date

Human Services Coordinator

Date