



Calgary Progressive
Lifestyles Foundation

The Insider

CPLF NEWSLETTER

DECEMBER 2022



Happy Holidays!

From all of us at CPLF: Happy holidays and a happy New Year! Learn more about how you can plan to celebrate this December 2022 in the coming pages. We wish you a cheerful start to the new year of 2023!

After much consideration CPLF has had to cancel this year's Christmas Party due to the prevalence of the flu, RSV and COVID on our community and the impact it has had with our hospitals. We hope you have a safe and relaxing holiday spent with friends and family.

December

[View Full Calendar](#)

CPLF Christmas Break: Dec 21 - Jan 2

Admin offices closed with Client Day Programs continuing as normal

Christmas Day: Sunday, Dec 25 2022

No Client Day Programs
(unless pre-approved by your Case Manager)

New Years Day: Sunday, Jan 1 2023

No Client Day Programs
(unless pre-approved by your Case Manager)

SUN	MON	TUE	WED	THU	FRI	SAT
27	28	29	30	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	Admin Office Closure			
Stat Holiday	Admin Office Closure					
25	26	27	28	29	30	31

Events & Updates



December 10th is Human Rights Day

The United Nations General Assembly created the Universal Declaration of Human Rights which proclaims the inalienable rights that everyone is entitled to as a human being - regardless of race, colour, religion, sex, language, political or other opinion, national or social origin, property, birth or other status.

Boxing Day a History

Boxing Day (December 26th) is a holiday celebrated the day after Christmas. Though it originated as a holiday to give gifts to the poor, today Boxing Day is primarily known as a shopping holiday.



Christmas Jokes to Warm Your Heart

What do you call Santa when he stops moving?

- Santa Pause.

What do snowmen eat for dessert?

- Ice crispies.



Bowling Depot Policy

We would like to remind everyone that all outdoor shoes need to be removed at the door when going to the Bowling Depot. Please respect their shoe removal policy to ensure the safety of all bowlers. The depot can provide rental shoes at no cost or you can bring in clean/dry shoes or slippers to wear when in the centre. Thank-you for your cooperation.

CPLF Orientation

CPLF's onboarding Orientation is always available on our website on the Staff Resources page. Important information regarding who to contact in special situations, policies and procedures, as well as safety protocols are included and explained in this downloadable presentation. Feel free to tap the link below to see the Orientation PDF.

[CPLF Orientation](#)



Impossible is just an opinion.

• PAULO COELHO

Calgary Events

[Learn More](#)

Potion Putt Mini Golf Ends Jan 22

Test your magic & wizarding putt putt skills on the golf course!

Glow Calgary Dec 1 - Dec 31

Introducing a brand new Christmas Festival—a unique experience here in Calgary!





Calgary Transit Holiday Season Access

To all program leaders:

- Regular trip suspensions are effective Monday, Dec 26, 2022 - Sunday, Jan 8, 2023.
- Regular bookings will automatically resume on Jan 9, 2023.
- Programs operating between Dec 26, 2022 - Jan 8, 2023, customers must book trips up to 4 days in advance, using 1 of 2 methods (this includes booking trips for early dismissal from a program or school, if applicable):
 1. Book and cancel trips using our CTA Trip Booking Online (calgarytransit.com) at any time.
 2. Call the booking line at 403-537-7777, choosing option number two, Monday to Sunday (closed on statutory holidays) from 9:00 a.m. to 5:00 p.m.)
- If a program closure falls outside of our regular trip suspension period (in part or whole), please advise the customer, their families and/or support networks to cancel any trips they will not be using.
- The CTA Booking Line is open seven days a week from 9:00 a.m. to 5:00 p.m., closed on statutory holidays. Please advise your customers to plan their calls accordingly.
- Our Booking Line is open seven days a week (excluding public holidays) from 9:00 a.m. to 5:00 p.m.
- CT Access does not accept faxes or emails for booking requests.



[Apply Today](#)

CPLF Now Hiring

Casual Complex Needs Support Workers

CPLF is currently seeking Casual Complex Needs Support Workers to work with Complex Needs clients. Complex Needs clients will have more than 1 disability.

Requirements

- Resume
- Work Application link (if not currently employed at CPLF)
- 3 References – 2 Work related and 1 Character
- Police Clearance with Vulnerable Persons Check and/or Child Welfare Check (within the last two years)

Benefits

- Staff will have the support of our Complex Needs Coordinator, Case Manager, and Support Staff.
- Employees will receive in-house training.
- Casual staff may be transitioned into permanent positions.

Job Type: Casual

Salary: Ranges from \$19.58 - \$24.20 / hour or as per client's unique budget.

Thank You for Supporting CPLF!

CPLF Sponsors and Classifieds are very important to us as they help support our mission and bring our vision to life. Together we are lifting the disAbility community up to create an inclusive space for everyone! If you are interested in Cause Marketing and reaching over 1700 loyal subscribers, we would be happy to hear from you.

Please email editor@cplf.ca

Our Sponsor

Thank you to Canyon Plumbing & Heating for sponsoring CPLF and supporting the disAbility community. Visit their website to consider all your accessible plumbing needs.

Inspiration &
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Our Classified

Thank you to Sam Withey for supporting CPLF and the disAbility community.



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