



Calgary Progressive
Lifestyles Foundation

CPLF Pandemic Response **JULY 2020**

CPLF Facilities

CPLF Offices: Continued to be closed to visitors. If you need an appointment, please contact your case manager via phone or email. Virtual meetings are also available.

Lifestyles Bistro: Temporarily closed until further notice. We take the safety of our staff and customers very seriously. We hope to resume operations as soon as possible to continue serving our community.

CPLF Day Programs

Homes: Support Staff and clients will continue to not enter each other's homes unless vitally necessary. Vitally necessary supports are to continue in homes for those clients who are bed ridden, complex needs, and/or guardians working in an essential service such as health care. There may be other extenuating circumstances. Day program supports may be facilitated in garages or yards.

Vehicles: When appropriate, staff can transport clients in their car while observing the [CPLF pandemic driving protocols](#).

Symptoms & Assessment: Alberta Health Services has a simple online screening tool that asks questions about symptoms and takes users through steps to determine whether they should call Health Link at 811 for testing. See ahs.ca/covid for further details.

CPLF Group Activities

On-Site Group Activities: Cancelled until further notice (includes bingo, dances, art classes, etc.).

Remote Group Activities: Anyone with a phone, tablet, or computer that can run the Zoom application can participate. Bingo is free and Sing Along is \$6 per session. Email events@cplf.ca for more information or to register.

CPLF Personal Protective Equipment (PPE)

If CPLF support workers and/or clients need any PPE, they should contact their Case Manager with a list of items to be issued or refilled every Wednesday. CPLF will strive to have masks, gloves,

wipes, hand sanitizer continuously available. Upon approval by your Case Managers, and we will coordinate a time for you to come to our offices and receive the requested PPE. For those who cannot drive, we will coordinate other CPLF staff to make deliveries.

CPLF Occupational Health & Safety Committee

To be sure that all our staff, contractors, clients, and their families continue to be safe, we have formed a OH&S Committee. It's comprised of full-time administrative staff and support workers: Penny Tataryn, Sharon Ng, Shaukat Shafqat, Nancy Frost, May Yang, and Ubaid Saeed. If you're interested in joining the committee, please email ohscommittee@cplf.ca within the next two weeks.

Our goal is to be sure all concerns are heard and taken seriously for the benefit of both mental and physical wellbeing. We encourage anyone with a concern to contact ohscommittee@cplf.ca.

Alberta Relaunch Strategy

Phase 2 of [Alberta's relaunch strategy](#) was enacted on June 12, 2020. It allows additional businesses and services to reopen and resume operations with physical distancing requirements and other public health guidelines in place. While the government is allowing some indoor gatherings, CPLF will be erring on the side of caution and continue to promote social distancing.

ABTraceTogether

We encourage everyone to use the [ABTraceTogether](#) mobile contact tracing app to use when in public. It is not mandatory but is highly recommended and becomes more efficient with more participants. It will help the province track the spread of the virus so that we can notify the potentially infected to limit additional exposure.

General Safety Measures

It's still important to observe safety protocols to prevent a second wave of infections. This includes:

Social Distancing: Physical distancing involves taking steps to limit the number of people you come into close contact with. Keep at least 2 metres (about the length of a hockey stick) distance from people outside your household or family.

Disinfecting: Clean and disinfect commonly touched surfaces such as door handles regularly.

Hygiene: Avoid touching your face with unwashed hands. Wash or sanitize your hands often with soap and water for at least 20 seconds after touching communal surfaces.

PPE: Wear a mask in public when distancing is not possible.

Get more details at alberta.ca/prevent-the-spread.aspx